

Mapleton Jr. High/ High School Menu September 2019

(Menu is subject to change.) **This institution is an equal opportunity provider.** Student Lunch \$3.25, Reduced Lunch 0.40 cents

Monday	Tuesday	Wednesday	Thursday	Friday
2 Labor Day No School	3 1.General Tos Chicken Rice, Stir Fry Vegetables Break Stick Mandarin Oranges Milk 2.Peperoni Pizza	4 Tacos Beef or Chicken Refried Beans Corn, Lettuce Tomato, Cheese Sidekick, Milk	5 Bacon Cheeseburger French Fries Lettuce, Tomato Pickles, Carrots Water Melon Milk	6 1.Personal Pizza Green Beans Tossed Salad, Fresh Fruit Milk 2. Chicken Patty Sandwich
9 1.Mini Corn Dogs, Kansas City Baked Beans Celery, Diced Peaches Milk 2.Cheese/Pepperroni Pizza	10 1.Pulled Pork or Rib Sandwich Steamed Broccoli, Cole Slaw Diced Pears, Milk 2.Calzone	11 1.Sausage Gravy & Biscuit Diced Potatoes Warm Apple Slices Milk 2.Yogurt Parfait	12 1.Spaghetti Tossed Salad , Garlic Toast Jell-O Cup, Milk 2.Cheese Pizza, Texas Twister	13 French Bread Pizza Pasta Salad Fresh Carrots, Milk 2.Cheeseburger
16 1.Chicken Patty Sandwich Tater Tots, Peas Peach Cup, Milk 2.Ham & Cheese Sandwich	17 1.Meatball Sub Green Beans, Fresh Carrots Applesauce, Milk 2.Chicken Wrap w/Baked Chips	18 Taco Bowl Lettuce, Cheese, Corn, Refried Beans, No Bake Cookie Fresh Apple Milk	19 No School Teacher in Service	20 No School Fair Day
23 Pop Corn Chicken Rice Pilaf, Mixed Vegetables Mandarin Oranges, Milk 2.Cheese Pizza	24 1.Chili Cheese Fries Steamed Broccoli Fruit Cup, Milk 2.Philly Steak Cheese Sandwich	25 1.Belgian Waffle Strawberries, Sausage, Hash Brown, Juice Milk 2. Egg Omelet	26 1.Oven Baked Chicken Leg Mac & Cheese Fresh Carrots & Broccoli Pudding Cup, Milk 2.Corn Dog	27 1.Chicken Quesadilla, Cheese Pizza, Tossed Salad, Cucumber Coins, Applesauce, Milk 2..Chicken Parmesan Sandwich
30 1.Chicken Alfredo Steamed Broccoli Bread Stick, Mixed Fruit, Milk 2.Cheese Ravioli				

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