

Breakfast Prices
Paid: \$1.75
Reduced: \$.30

Mapleton Local School District Middle & High School Menu August 2017

Lunch Prices
Paid: \$3.00
Reduced: \$.40
Adult: \$3.50

Monday	Tuesday	Wednesday	Thursday	Friday
<p>21</p> <p>WELCOME BACK STUDENTS AND STAFF</p>	<p>22</p> <p>Breakfast: Cinni-mini, juice, milk Lunch: Hot dog bar, Coney sauce, onion, jalapenos, shredded cheese, BBQBaked beans, celery sticks, watermelon, milk OR Cheese/Sausage Pizza/ BQ Rib sandwich, baked beans, celery sticks, watermelon, milk</p>	<p>23</p> <p>Breakfast: Pop tart, fresh fruit, juice, milk Lunch: Breakfast bowl, cubed potatoes, scrambled eggs, diced ham or sausage, country gravy, shredded cheese, juice cup, cucumber, coins, milk OR Personal pizza, buffalo chicken wrap, cubed potatoes, cucumber coins, chilled peaches, milk</p>	<p>24</p> <p>Breakfast: Mini-pancakes, juice, milk Lunch: Cheeseburger bar, lettuce, tomato, onion, pickles, French fries, potato salad, apple sauce, milk/ Cheese Pizza, milk OR Yogurt Parfait</p>	<p>25</p> <p>Breakfast: Apple Frudel, juice, milk Lunch: Mini-ravioli or lasagna roll-ups, garlic bread sticks, tossed salad, jell-o cup, milk OR French bread pizza/burger, tossed salad, jell-o cup, milk</p>
<p>28</p> <p>Breakfast: Glazed donut, juice, milk Lunch: Sloppy Joe Sandwich, tator tots, pickles, fresh carrots, green peppers, chilled peaches, milk OR Fiesta Pizza/Bosco sticks/Cold ham & cheese sandwich, chilled peaches, milk</p>	<p>29</p> <p>Breakfast: Assorted cereal, juice, milk Lunch: Boneless wings, WG roll, steamed broccoli, grape tomatoes, pineapple, milk OR Cheese/Chicken bacon ranch, steamed broccoli, grape tomatoes, pineapple, milk</p>	<p>30</p> <p>Breakfast: Sausage pancake wrap, juice, milk Lunch: Taco pile-up, tortilla chips, lettuce, tomato, cheese, black olives, refried beans, steamed corn, juice bar, milk</p>	<p>31</p> <p>Breakfast: Ham & Cheese breakfast sandwich, juice, milk Lunch: Macaroni & Cheese/fish sandwich, peas, coleslaw, fresh apple or banana, milk OR Cheese Pizza/ Texas twister, coleslaw, green peppers, fresh apple or banana, milk.</p>	<p>SEPTEMBER 1</p> <p>Breakfast: Cinnamon roll, yogurt cup, juice, milk Lunch: Baked chicken, macaroni salad, green beans, WG roll, no bake cookie, diced pears, milk OR Pepperoni/Cheese pizza/ Tacos, macaroni salad, fresh vegetables, no bake cookie, diced pears milk</p>

The institution is an equal opportunity provider of free/reduced lunches. Menu is subject to change.

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>4</p> <p>LABOR DAY NO SCHOOL</p>	<p>5</p> <p>Breakfast: Bagel w/sausage & Egg, fresh fruit, juice, milk</p> <p>Lunch: BQ Pork mashed potato stacker, WG Texas toast, shredded cheese, onion petals, celery sticks, carrots, chilled applesauce, milk</p> <p>OR</p> <p>Cheese pizza/ Chicken patty sandwich, steamed carrots, celery sticks, chilled applesauce, milk</p>	<p>6</p> <p>Breakfast: Cinni-mini, Banana, juice, milk</p> <p>Lunch: General Tso Popcorn chicken vegetable stir fry, rice, fortune cookie, cucumber coins, mandarin oranges, milk</p> <p>OR</p> <p>Cheese/Pepperoni pizza/toasted Italian Sub, tossed salad, cucumber coins, mandarin oranges, milk</p>	<p>7</p> <p>Breakfast: Muffin, juice, milk</p> <p>Lunch: Belgian Waffle bar, sausage, hash brown; strawberries, fresh carrots, juice cup, milk</p> <p>OR</p> <p>Cheese/Sausage Pizza/cheeseburger, grape tomatoes, three bean salad, sidekicks, milk</p>	<p>8</p> <p>Breakfast: Yogurt parfait, juice, milk</p> <p>Lunch: Meatball Sub, pasta salad, steamed broccoli, sidekicks milk</p> <p>OR</p> <p>Bosco sticks w/marinara/Pepperoni Pizza, steamed broccoli, tossed salad, fresh apple, milk</p>
<p>11</p> <p>Breakfast: Assorted cereal, juice, milk</p> <p>Lunch: Chicken Alfredo w/ garlic breadstick, peas, or yogurt parfait, fresh broccoli, carrots, chilled peaches, milk</p> <p>OR</p> <p>Cheese/Sausage Pizza/ Cold Ham & Cheese, w/ baked potato chips, fresh broccoli, carrots, chilled peaches, milk</p>	<p>12</p> <p>Breakfast: Sausage pancake wrap, juice milk</p> <p>Lunch: Loaded waffle fries, cheese sauce, beef crumbles, jalapenos, tomatoes, steamed corn, applesauce cup, milk</p> <p>OR</p> <p>French bread pizza/Spicy chicken patty, steamed corn, salad, tomatoes, apple sauce cup, milk</p>	<p>13</p> <p>Breakfast: Mini-pancakes, juice, milk</p> <p>Lunch: Chicken Nuggets, California blend, spinach salad, WG roll w/margarine, Yogurt, grapes, milk</p> <p>OR</p> <p>Cheese Pizza</p>	<p>14</p> <p>Breakfast: Breakfast French toast sticks, juice, milk</p> <p>Lunch: Tacos w/cheese, lettuce, tomato, black olives, refried beans, salsa, steamed corn, blushing pears, milk</p> <p>OR</p> <p>Cold Turkey Panini w/baked chips & carrot sticks, milk.</p>	<p>15</p> <p>Breakfast: Apple Frudel, juice, milk</p> <p>Lunch: Breakfast bowl, sausage gravy w/biscuit, scrambled eggs, hash brown, cantaloupe or banana, milk</p> <p>OR</p> <p>Cheese/Pepperoni pizza/ Buffalo chicken wrap, tossed salad, cantaloupe or peach cup, milk.</p>

SEPTEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
<p>18</p> <p>Breakfast: Ham & Cheese Bagel, juice, milk</p> <p>Lunch: Cheeseburger/ Pulled Pork Sandwich, Curly Fries, pickles, lettuce, tomato, rice crispy treat, fresh apple, milk</p>	<p>19</p> <p>Breakfast: Pop Tart, fresh fruit, juice Milk</p> <p>Lunch: Pasta bowl, rotini w/meat sauce, garlic toast, tossed salad w/garbanzo beans, tropical fruit, milk</p> <p>OR Calzone/Pretzel Bosco Stick, Tossed Salad, Tropical fruit Milk</p>	<p>20</p> <p>Breakfast: Mini Pancakes , juice, milk</p> <p>Lunch: OR Baked Potato Bar w/chili, or Salad, broccoli, cheese, celery, cucumber coins, Sidekick, Milk</p> <p>OR Cheese/Fiestada Pizza, Philly cheese sandwich, steamed broccoli, sidekick, milk</p>	<p>21</p> <p style="text-align: center;">NO SCHOOL TEACHER IN SERVICE</p>	<p>22</p> <p style="text-align: center;">NO SCHOOL FAIR DAY</p>
<p>25</p> <p>Breakfast: French toast sticks, juice, milk</p> <p>Lunch: Italian Sub, w/sweet potatoes fries, lettuce, tomato, banana peppers, chilled peaches, milk</p> <p>OR Cheese Bosco sticks/Pepperoni Pizza, Cheeseburger, green beans, chilled peaches, milk</p>	<p>26</p> <p>Breakfast: Assorted cereal, juice, milk</p> <p>Lunch: Chicken Paprikash, Steamed carrots, Roll & margarine, grapes milk</p> <p>OR Cheese/Hawaiian Pizza, Corn Dog, steamed carrots, Salad, Grapes milk</p>	<p>27</p> <p>Breakfast: Sausage pancake wrap, juice, milk</p> <p>Lunch: Smoked Sausage w/Potatoes Steamed Broccoli Corn Bread, Mixed Fruit Milk</p> <p>OR Cheese Pizza / Chicken Quesadilla, Steamed Broccoli, Green pepper slices, carrots, mixed fruit</p>	<p>28</p> <p>Breakfast: Chocolate Muffin , juice, milk</p> <p>Lunch: Salad Bar w/ Ham or Turkey, cucumbers, egg, tomatoes, cottage cheese, carrots, shredded cheese, garbanzo beans, broccoli salad, sunflower seeds, bread stick, applesauce, milk</p> <p>Or Ham & Cheese Sandwich</p>	<p>29</p> <p>Breakfast Breakfast Sandwich, juice, milk</p> <p>Lunch: Stuffed Crust Pizza/Calzone, Chicken Patty, Pasta Salad, Grape Tomatoes, Side Kicks</p> <p>OR Turkey Wrap milk</p>